

HULAPALOOZA

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GET CREATIVE WITH YOUR HULA-HOOP!

MAKE A MOBILE

A hula-hoop is more than a toy to twirl around your waist, limbs or neck. You can use your hoop to bring out your imagination, too. With only a few supplies – scissors, yarn, fabric, tulle – you can build a work of art with bold colors and fun designs.

1. 


You will note how this hoop has been wrapped in fabric for decoration. Whether you choose to wrap your hoop is up to you. Start by attaching yarn to your hoop by tying a knot.

2. 

Run the yarn to the opposite arc of hoop and tie another knot. Repeat the same step to the other arcs of the hoop.

3. 


Bring all the points of yarn together and meet above the middle. With this one connection, the hula-hoop can hang from the four knots you have created.

4. 

Run a length of yarn through the loops and tie it into a knot. The loop allows you to hang the mobile.

5. 

Tear strips of fabric and tie them to the hoop, spacing them as far apart or as close together as you want.

6. 

Then add ribbons, beaded curtain, yarn or other elements.

7. 

Get creative with other items you might include. Anything with a hole can be threaded onto the yarn or fabric; then tie a knot in the fabric so the element does not slide off. Attach whatever colorful items you wish to complete your mobile.



GET INSPIRED BY THESE HOOP DESIGNS!