

IF YOU SUSPECT **OPIOID** ABUSE

If you think a loved one is misusing a prescription, or abusing illicit drugs, seek help immediately!

LEARN THE SIGNS

Sudden changes in attitude, out of character behaviors, and secretive actions may all be indicators of drug abuse.

HAVE A CONVERSATION

Confrontation is never easy, but it may save a life. Talk to your loved one, express your concerns, and let them know you care.

CALL THE DOCTOR

Seek help from a medical professional. A doctor can help evaluate their health and get your loved one connected to necessary care.

FIND A TREATMENT CENTER

Selecting the best treatment center for your loved one can be overwhelming. For help, call the Substance Abuse and Mental Health Services Administration helpline at **1-800-662-HELP** or visit **findtreatment.samhsa.gov**

IF THEY DON'T WANT HELP

Be patient, but do not enable an addiction - let them know you care, and that you want them to get better. Continue encouraging them to seek help.

Reach out to a medical professional for more guidance.



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