

FIND SOMEONE WHO...



Drinks 8 glasses of water a day	Has participated in a 5k run or walk	Likes to exercise in the evening	Likes to ride bikes regularly	Eats 5 servings of fruits and vegetables
Stands during the day at work	Has tried yoga	Runs marathons, or has before	Stretches every day	Does water aerobics
Likes to exercise in the morning	Gardens weekly during the spring	FREE	Has an exercise partner	Tried a new exercise in the past month
Takes the stairs more than the elevator	Slept for 8 hours last night	Tracks their steps daily	Uses fitness apps	Has a gym membership
Is on a dance team	Walks daily	Lifts weights	Uses at-home exercise videos	Currently plays on a recreational sports team

FIND SOMEONE WHO...



Slept for 8 hours last night	Takes the stairs more than the elevator	Eats 5 servings of fruits and vegetables	Does water aerobics	Stands during the day at work
Has participated in a 5k run or walk	Likes to exercise in the evening	Tried a new exercise in the past month	Has a gym membership	Uses at-home exercise videos
Runs marathons, or has before	Likes to ride bikes regularly	FREE	Uses fitness apps	Gardens weekly during the spring
Has an exercise partner	Has tried yoga	Currently plays on a recreational sports team	Is on a dance team	Tracks their steps daily
Walks daily	Lifts weights	Drinks 8 glasses of water a day	Likes to exercise in the morning	Stretches every day

FIND SOMEONE WHO...



Tracks their steps daily	Gardens weekly during the spring	Eats 5 servings of fruits and vegetables	Takes the stairs more than the elevator	Likes to ride bikes regularly
Slept for 8 hours last night	Is on a dance team	Likes to exercise in the evening	Tried a new exercise in the past month	Stretches every day
Stands during the day at work	Drinks 8 glasses of water a day	FREE	Has an exercise partner	Has a gym membership
Likes to exercise in the morning	Runs marathons, or has before	Lifts weights	Uses at-home exercise videos	Has participated in a 5k run or walk
Does water aerobics	Walks daily	Currently plays on a recreational sports team	Uses fitness apps	Has tried yoga

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bingo!

Gardens weekly during the spring	Uses at-home exercise videos	Stands during the day at work	Likes to exercise in the morning	Likes to ride bikes regularly
Uses fitness apps	Runs marathons, or has before	Stretches every day	Tracks their steps daily	Likes to exercise in the evening
Currently plays on a recreational sports team	Is on a dance team	FREE	Has participated in a 5k run or walk	Has tried yoga
Takes the stairs more than the elevator	Has a gym membership	Eats 5 servings of fruits and vegetables	Does water aerobics	Lifts weights
Drinks 8 glasses of water a day	Slept for 8 hours last night	Walks daily	Has an exercise partner	Tried a new exercise in the past month

FIND SOMEONE WHO...



Lifts weights	Currently plays on a recreational sports team	Stands during the day at work	Uses at-home exercise videos	Takes the stairs more than the elevator
Is on a dance team	Likes to exercise in the morning	Drinks 8 glasses of water a day	Has tried yoga	Likes to ride bikes regularly
Walks daily	Has participated in a 5k run or walk	FREE	Has an exercise partner	Tracks their steps daily
Tried a new exercise in the past month	Slept for 8 hours last night	Does water aerobics	Eats 5 servings of fruits and vegetables	Runs marathons, or has before
Gardens weekly during the spring	Stretches every day	Has a gym membership	Uses fitness apps	Likes to exercise in the evening

FIND SOMEONE WHO...



Gardens weekly during the spring	Tracks their steps daily	Stands during the day at work	Has a gym membership	Likes to ride bikes regularly
Takes the stairs more than the elevator	Uses at-home exercise videos	Walks daily	Has tried yoga	Lifts weights
Likes to exercise in the evening	Runs marathons, or has before	FREE	Stretches every day	Drinks 8 glasses of water a day
Uses fitness apps	Slept for 8 hours last night	Likes to exercise in the morning	Does water aerobics	Eats 5 servings of fruits and vegetables
Has participated in a 5k run or walk	Tried a new exercise in the past month	Currently plays on a recreational sports team	Has an exercise partner	Is on a dance team

FIND SOMEONE WHO...



Lifts weights	Runs marathons, or has before	Tried a new exercise in the past month	Uses fitness apps	Is on a dance team
Currently plays on a recreational sports team	Uses at-home exercise videos	Eats 5 servings of fruits and vegetables	Likes to exercise in the evening	Has a gym membership
Likes to ride bikes regularly	Drinks 8 glasses of water a day	FREE	Gardens weekly during the spring	Stretches every day
Slept for 8 hours last night	Has participated in a 5k run or walk	Tracks their steps daily	Has tried yoga	Has an exercise partner
Stands during the day at work	Takes the stairs more than the elevator	Does water aerobics	Likes to exercise in the morning	Walks daily

FIND SOMEONE WHO...



Slept for 8 hours last night	Uses fitness apps	Has tried yoga	Drinks 8 glasses of water a day	Tried a new exercise in the past month
Walks daily	Gardens weekly during the spring	Tracks their steps daily	Has an exercise partner	Uses at-home exercise videos
Is on a dance team	Lifts weights	FREE	Stands during the day at work	Eats 5 servings of fruits and vegetables
Likes to ride bikes regularly	Stretches every day	Has a gym membership	Takes the stairs more than the elevator	Does water aerobics
Has participated in a 5k run or walk	Likes to exercise in the evening	Likes to exercise in the morning	Currently plays on a recreational sports team	Runs marathons, or has before



Use this randomly generated list as your call list when playing the game. There is no need to say the **BINGO** column name. Cross out each word as you announce it, to keep track.

You can also cut out each item, place them in a bag and pull words from the bag.

1. Uses fitness apps
2. Slept for 8 hours last night
3. Walks daily
4. Stretches every day
5. Likes to exercise in the evening
6. Likes to ride bikes regularly
7. Tried a new exercise in the past month
8. Tracks their steps daily
9. Has a gym membership
10. Lifts weights
11. Does water aerobics
12. Runs marathons, or has before
13. Is on a dance team
14. Has participated in a 5k run or walk
15. Drinks 8 glasses of water a day
16. Has tried yoga
17. Currently plays on a recreational sports team
18. Uses at-home exercise videos
19. Takes the stairs more than the elevator
20. Eats 5 servings of fruits and vegetables
21. Gardens weekly during the spring
22. Likes to exercise in the morning
23. Stands during the day at work
24. Has an exercise partner



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